

### ***"Believe in Love"***

The coherence between believing and acting is always recommended. But there is an essential condition: freedom from all malice to propose a path of love and allow yourself to be guided by that love, in order to direct oneself towards the full realization of the chosen proposal.

The loving action has a force in its own: it is creative, it produces fruits of good in each person and in the community, it establishes renewed understandings of the most intimate and it builds relationships of love with other men.

This decision of loving works like a seed "sown" in us. Therefore, in each person, this deposited seed directed towards the good, to justice, to the gift of self and to sharing. Welcomed and cultivated with care in one's own "land" it is capable of producing life and fruits.

It is necessary to disassemble the heart and "surrender" to the proposal of a life in love to put ourselves in a free and courageous listening to the voice within us, often subtle and discreet. The voice asks us to go out of ourselves and venture on the paths of dialogue and encounter everybody, and invites us to collaborate to build a more beautiful humanity, in which we all recognize ourselves as brothers and sisters.

Indeed, this option for a life in love, has the ability to transform our daily life into a story that frees us from the darkness of individual and social evil, but demands a conscious and always renewed personal commitment.

In 1992 Chiara Lubich suggested that: *"... an extreme coherence between the choice of love and life that this choice involves fascinates and attracts everyone. This is how it should be in us. To have the simplicity of children and put love into practice with its purity and luminosity, with its strength and radicalness (...) Could there be a bigger and more beautiful adventure?"*

**THE IDEA OF THE MONTH** started in Uruguay in the context of the Fourth Dialogue, an instance of understanding between people of diverse religious and non-religious convictions whose motto is "building dialogue". The purpose of this publication is to make a contribution to the ideal of universal fraternity. Currently **THE IDEA OF THE MONTH** is translated into seven languages and goes around in 17 countries.